

# Healing

## *lifestyles & spas*

magazine

**Featuring: Langdon Hall**

### Canada's *Cambridge*



If you think manor houses and country estates are the exclusive domain of Britain, you're in for a pleasant surprise. In Cambridge, Ontario, just west of Toronto, the stately and historic **Langdon Hall** was recently awarded Canada's Five Diamond Award for the third consecutive year—an honor adding to Langdon Hall's growing list of accolades for excellence in cuisine, wines, services, and accommodations. Built in 1898 and set amidst 200 acres of gardens and wooded trails, the former manor house offers 53 luxurious guest suites, a collection of private dining rooms, and a full-service spa. An extensive kitchen garden supplies herbs and vegetables for the restaurant's kitchens, while the wine cellar boasts 10,000 bottles from around the world. Under the direction of

Executive Chef Jonathan Gushue, the gourmet menu features organic and sustainably produced foods. "We search out the best ingredients available, such as organic foods farmed on a smaller scale," says Gushue. "Our duck, veal, lamb, and venison are sourced from regional farmers, while specialty items such as loose tea and mushrooms are brought in from as far afoot as Vancouver Island." Langdon Hall has been a member of the prestigious Relais & Château association since 1991. For more information call (800) 268-1898 or visit [www.langdonhall.ca](http://www.langdonhall.ca)

—D.B.

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